

# Lemay Avenue Health & Rehab Facility



## **A SKILLED NURSING FACILITY OFFERING:**

- **Rehabilitation**
- **Long Term Care**
- **Hospice Services**
- **Secure Memory Care**

4824 South Lemay Avenue  
Fort Collins, Colorado 80525

**970-482-1584**

**40 PLUS YEARS OF CARING FOR SENIORS!**

[www.columbinehealth.com](http://www.columbinehealth.com)

# *columbine cares for seniors*

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## **SKILLED NURSING CARE**

Nursing care is provided 24-hours a day by Registered Nurses (RN), Licensed Practical Nurses (LPN) and, Certified Nursing Assistants (CNA). Skilled nursing care is provided, including medication administration, laboratory work, intravenous therapy, wound care, oxygen management, skilled assessments and evaluations. Assistance in activities of daily living is provided, including bathing, dressing, mobility, and dining.

## **NURSE PRACTITIONER**

Our facility hosts a Nurse Practitioner that works in collaboration with many Physicians in the community. A Nurse Practitioner is an advanced practice nurse with graduate degree level education. Nurse Practitioners practicing in our facility have special training in geriatric care.





## **PHYSICAL THERAPY**

Physical Therapists address individualized needs for residents in the areas of functional mobility such as walking and stair climbing, balance, transfer training, strengthening, endurance, therapeutic exercise and use of mobility equipment.

## **OCCUPATIONAL THERAPY**

Occupational Therapists address a resident's Activities of Daily Living (ADL's). These include dressing, hygiene, grooming, showering, transfer training, use of adaptive equipment, positioning in wheelchairs and, even meal preparation.

## **SPEECH/LANGUAGE PATHOLOGY**

Speech-Language Pathologists work with residents in the areas of functional and augmentative communication, cognition, speech, reading, writing, language, voice, higher level IADL's such as medication and financial management, and swallowing.

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## RESTORATIVE NURSING

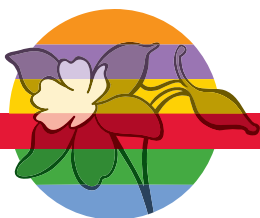
This program is designed for residents needing a functional therapy skill but not requiring the daily skills of a licensed therapist. Restorative aides may provide functional therapy, including ambulation, range of motion exercises, and assistance with eating.

## SOCIAL SERVICES/ RESIDENT SERVICES

Our Social Services staff advocate for residents, coordinate individualized care plan meetings, assist with psychosocial needs, and utilize community resources to assist in providing care for our residents.

## DISCHARGE PLANNING

Our interdisciplinary team will assess the needs for discharge to the community, provides education on available resources and, assists with referral for necessary services upon discharge.



## WHAT OUR CLIENTS ARE SAYING

*"As a two-time patient at Lemay Avenue, I can attest to the professionalism of their staff and the quality of the services they deliver. I would rate both top-notch! I highly recommend them to anyone in need of post-operative or other rehabilitation services."* **Former resident**

*"I am so thankful that my mom's last months were spent at Lemay Avenue. Everyone treated her with love and respect. She had wonderful care! Plus, it doesn't hurt how beautiful your facility is. Thank you from the bottom of my heart!"* **Family member**

*"Our dad loved each and every one of you who showed him so much tender love and care. While he was a resident at Lemay Avenue he always called this his home!"* **Family member**

## FEATURES

- 24 Hour skilled nursing care
- Restorative nursing program
- Physical, Occupational, and Speech Therapy
- Nurse practitioner services
- Registered dietitian services
- Secure Memory Care Unit
- Discharge planning and social services
- Oxygen
- Medical equipment
- Pharmacy consultant
- Personal laundry and linen service
- Housekeeping service
- Electric beds
- Meals, snacks, and supplements
- Air conditioning
- Planned daily activities, social events, and exercise programs
- Transportation to medical appointments



## Columbine Management Office

802 West Drake Road, Suite 101  
Fort Collins, Colorado 80526  
970-482-0198 Fax: 970-482-9148  
[www.columbinehealth.com](http://www.columbinehealth.com)

● REHABILITATION | ● HEALTH & REHAB | ● HEALTH SERVICES  
● INDEPENDENT LIVING | ● ASSISTED LIVING | ● PATIO HOMES

### FORT COLLINS

- Bloom at Home ..... 970-482-5096
- Centre Avenue Health & Rehab Facility.....970-494-2140
- Centre Pharmacy, Inc.....970-221-0190
- Columbine Medical Equipment .....970-221-1453
- Columbine Poudre Home Care ..... 970-482-5096
- Columbine West Health & Rehab Facility ....970-221-2273
- Front Range Therapy ..... 970-494-6449
- Geriatric Education Centre..... 970-494-6455
- Lemay Avenue Health & Rehab Facility.....970-482-1584
- Lifestyle Centre ..... 970-494-6446
- New Mercer Commons .....970-495-1000
- Poudre Infusion Therapy.....970-494-2130
- The Winslow ..... 970-492-6200
- The Worthington ..... 970-490-1000

### LOVELAND

- Bloom at Home ..... 970-482-5096
- Front Range Therapy ..... 970-494-6449
- Lakeview Commons.....970-278-4000
- North Shore Health & Rehab Facility .....970-667-6111
- Centre Pharmacy, Inc.....970-221-0190
- Columbine Medical Equipment .....970-221-1453
- Columbine Poudre Home Care ..... 970-482-5096
- Poudre Infusion Therapy.....970-494-2130
- The Wexford .....970-667-1900

### WINDSOR

- Bloom at Home ..... 970-460-9200
- Centre Pharmacy, Inc.....970-221-0190
- Columbine Commons ..... 970-449-5540
- Columbine Commons Health & Rehab Facility ..970-449-5541
- Columbine Medical Equipment .....970-460-9205
- Columbine Poudre Home Care ..... 970-460-9200
- Front Range Therapy ..... 970-494-6449
- Poudre Infusion Therapy..... 970-460-9208
- Westwood Patio Homes ..... 970-460-5000